



Social Skills Training by Alex Kelly

Alex Kelly can offer training in all aspects of social skills, self-esteem and friendship skills, including:

- **Assessing social skills...** Where do we start?
- **Teaching social skills...** How do we teach it & which approach will work best? How can we help people to generalize the skills?
- **Measuring effectiveness...** How can we set targets & measure progress?

Alex will develop a training session to suit your needs, from a 1-hour's workshop to a 3-day course on developing skills. She can also support you over an academic year to become a Centre of Excellence in developing social skills. She can either travel to you (in the UK and abroad) or can offer her base in Hampshire, UK, as a training venue.

A bit about Alex Kelly

Alex is a speech and language therapist with over 30 years' experience of working with people with social skills difficulties. She has written and published a number of best-selling resources to help develop social skills, self-esteem and friendship skills in children and adults. Her passion for this work started in the 1990s when she completed some research into social skills and found that if skills were taught in a hierarchical way, children were far more likely to succeed.

Alex now runs her own business in the UK offering training and consultancy in social skills, speech therapy and occupational therapy, and a day service for adults with autism. In 2019 Speaking Space Ltd was accredited by the National Autistic Society (NAS) with advanced status – something no other SLT company has ever achieved. She currently employs 25 staff but spends most of her time lecturing around the world.





Ideas for workshops

Alex is able to offer training in the following areas:

- Assessing and teaching social skills
- Developing friendship skills, sex and relationship skills
- Developing self-esteem
- Body Language
- Becoming a Centre of Excellence in social skills
- Autism and communication
- Total Communication

A bit about Talkabout

Talkabout is a structured programme for teaching and measuring social skills. The Talkabout resources are all practical, easy to follow and popular in many countries across the world. In summary, Talkabout is:

- A hierarchical approach to teaching social skills
- Includes an assessment and outcome measures
- Includes activities and plans of intervention
- Suitable for all ages
- Suitable to put onto a school curriculum
- Proven effectiveness

The cost



Alex will quote you individually for the work and her costs will reflect the type and amount of work. But to give you an idea, her training fees start at £200 / hour or £1,250 per day.

Please contact Alex to find out more



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What others say...

'All in all, Alex, what a wonderful world for kids it would be if your social skills programme were in all schools across the continents'

Catherine Varapodio Longley,
Parent, Melbourne



'Alex is a vibrant, energetic presenter who had me enthralled. She is incredibly generous with her ideas and suggestions. One of the best workshops I have ever attended – and I go to lots! Thanks!'

Jenni Pearce, Clinical
Psychologist, Sydney



'I have found the course truly inspiring and look forward to putting it into practice and changing lives. Thank you!'

L Boyd, Teacher, North Wales



'Thank you so much for inspiring us to provide such invaluable therapy for our service users'

Michelle and Tom, Community
LD Forensic Team, NI

